



FRANKIE GOES TO RED HILL CONSOLIDATED

ORDER ONLINE VIA WWW.FLEXISCHOOLS.COM.AU

ORDERING CLOSSES AT 8:30PM NIGHT BEFORE

LATE ORDERS CLOSE 8:30AM DAY OF ORDER

CANCEL ORDERS VIA TEXT TO ABBY AT 0402 838 089 BY 10AM

SNACKS

Carrot sticks (v, gf).....	\$1.50
Whole Fruit (v, gf).....	\$1.50
Choc chip cookie.....	\$3.00
Vege Chips Original 21g (gf, v).....	\$2.50
Popcorn Plain 20g (gf, df).....	\$2.50
Vanilla Yoghurt Tub 150g (gf).....	\$2.50

SUPER SANDWICHES

Honey.....	\$4.50
Vegemite.....	\$4.50
Cheese.....	\$4.80
Vegemite & Cheese.....	\$5.00
Ham & Cheese.....	\$5.60
Ham, Tomato & Cheese.....	\$6.00
Salad (lettuce, cheese, cucumber & tomato).....	\$6.00
Salad & Ham.....	\$6.80
Salad & Chicken.....	\$7.00
Gluten Free Bread.....	\$1.50
Lactose Free Cheese.....	\$1.00
Toasted.....	\$0.50

BOWLS

Pasta:	
Butter.....	\$5.50
Cheese.....	\$6.00
Napoli.....	\$7.00
Bolognese Sauce with 5 Veggies.....	\$9.00
+ Gluten Free.....	\$1.00
Sushi Bowl - rice, cucumber, carrot + seaweed (h,gf,df,v).....	\$6.00
Sushi Bowl with tuna.....	\$7.50
or chicken (h, gf, df).....	\$7.80
Nacho's with cheese & salsa.....	\$5.50
+ Bolognese 5 veg sauce.....	\$2.50

HOT FOOD

Meat pie.....	\$5.00
Sausage Roll.....	\$4.50
Spinach & Cheese Roll.....	\$7.00
Party Pie.....	\$2.50
Chicken Nugget (3).....	\$3.00
Chicken Nugget (6).....	\$6.00
Chicken Nugget (9).....	\$9.00
Gluten Free Chicken Nugget (3)...	\$3.60
Gluten Free Chicken Nugget (6)...	\$7.20
Gluten Free Chicken Nugget (9)...	\$10.80
Steamed Dim Sim (3).....	\$4.50

DRINKS

UHT milk 200ml (gf).....	\$3.00
Juice box (gf, df).....	\$2.50

LATE LUNCH MENU

Our late lunch menu opens at 8:30pm and closes at 8:30am the day of order. This is a smaller menu and incurs a late fee.